

# Carstairs Minor Hockey Association

**Box 773 Carstairs Alberta  
T0M 0N0**



## **Evaluation Information / U7 and Pre-Hockey Launch!**

Good Afternoon Everyone,

Here is some important information for the upcoming week. I have tried to outline it in chronological order to help families keep things straight!

### **Hitmen Game Tonight – Friday September 12<sup>th</sup> 2025**

The muchly anticipated, SOLD OUT, Calgary Hitmen vs Edmonton Oil Kings game is tonight in Carstairs. Doors Open at 6:00 pm, Puck drop at 7:00 pm. I strongly encourage for you to arrive early, walk to the arena where possible, and plan for a busy rink!

Thank you to those that put their hand up to volunteer. Just check-in at the front door and they will help point you in the right direction.

CMHA will be selling 50/50 tonight, with proceeds to our Association, so push the word to those sitting around you to buy tickets!

### **Goalie Evaluations – Saturday September 13<sup>th</sup> 2025 – 1:45pm to 2:45pm**

For our U11 goaltenders, reminder that your skills evaluation is tomorrow afternoon. We have a third party conducting these evaluations for us, where they will be on ice and working with these goaltenders. We will ensure that evaluation jerseys are provided to you tomorrow, which you are required to wear (and can keep) for the duration of the Evaluation Process.

For our U11 goaltender trying out for AA this weekend in Olds, as there are conflicting ice sessions, I have arranged for a second round of evaluations to occur on Sunday September 14<sup>th</sup> to have those same evaluators catch anyone that could not make Saturday due to the conflict. Please reach out to me for details on that time if applicable to your player.

**\*\* U11 Goaltenders do not need to attend the Players Only Skill Evaluation on  
Tuesday September 16<sup>th</sup> \*\***

### **Deadline for Coach Applications – Monday September 15<sup>th</sup> 2025**

Please make sure your coach applications (head coach and assistant coaches) to Coach Coordinator Tyler Rasmussen ([coachcoordinator@carstairsminorhockey.ca](mailto:coachcoordinator@carstairsminorhockey.ca)) before the end of day!

### **Timing Gate/Skills Session – Tuesday September 16<sup>th</sup> 2025**

The first part of our formal evaluation process for players starts on Tuesday. This ice time will see players execute three drills (specific to their age division) and be quantitatively measured by our timing gate system. Please ensure your player attends their specific ice session.

U11 parents, due to our size numbers, we have made a change to the times for your session, please pay special attention to that below as now all U11 players will be in one session instead of split up in an attempt to avoid a late night.

# Carstairs Minor Hockey Association

**Box 773 Carstairs Alberta  
T0M 0N0**



Here is the updated schedule:

**U9 Group 1:** 4:15 pm to 5:15 pm  
**U9 Group 2:** 5:30 pm to 6:30 pm  
**U11 Players:** 6:45 pm to 8:30 pm

**\*\* U11 Players trying out for AA – If there is a time conflict for your player due to the Black/Gold Game, please let me know and we will evaluate them later in the night \*\***

The entire Evaluation Handbook can be found here: <https://www.carstairsminorhockey.ca/wp-content/uploads/sites/1672/2025/08/Evaluation-Procedures-2025-2026.pdf>

Here are a few important notes:

- Please try to get players stretching off ice. There is minimal time available for warm-up on ice for each session;
- Each player gets three attempts at each drill. The best score is the one that is used by the software;
- Please speak with your player about behaving appropriately in line. The more behaved, the faster we can move through the process and get them home.
- Players will be released once their group has completed the three drills. That may be earlier than their planned ice time ending. Please ensure you account for that and are available in the arena.

## **Evaluation Games – Thursday September 18<sup>th</sup>, Saturday September 20<sup>th</sup>, Sunday September 21<sup>st</sup>**

Evaluation Games for U9 and U11 players begin on Thursday. Here are the applicable times:

### Thursday

U9: 4:30 pm to 6:00 pm  
U11: 6:30 pm to 8:30 pm

### Saturday

U9: 3:45 pm to 5:15 pm  
U11: 5:30 pm to 7:30 pm

### Sunday

U9: 11:45 am to 1:15 pm  
U11: 1:30 pm to 3:30 pm

Here are some important details:

- Players need to check in before each ice-time at the front desk to receive their jersey and need to return their jersey after each game.
- Please arrive early for your game (I respect that Thursday is difficult for U9's). There are a lot of moving parts to navigate, and you can assist us by not showing up late. If your player is not making it to a game, please notify us as soon as possible.
- Parents are asked to avoid sitting on the penalty box side of the stands. Our evaluation team uses this side and having more room allows for a more effective process.
- We are still looking for a few volunteers: <https://signup.com/go/qGAGSMv>

# Carstairs Minor Hockey Association

**Box 773 Carstairs Alberta  
T0M 0N0**



## **Saturday September 20<sup>th</sup> 2025**

We have a full day of activities planned for Saturday September 20<sup>th</sup> and encourage you to pay attention to the times below:

### **1:45 pm to 2:45 pm – U7 Practice**

An opportunity for our U7s to get on the ice, get their feet under them and start to have some fun.

Please be aware that only carded coaches are permitted on the ice surface for this ice time. If you are wanting to help out this year, please speak with Coaching Coordinator, Tyler Rasmussen in advance: [coachcoordinator@carstairsminorhockey.ca](mailto:coachcoordinator@carstairsminorhockey.ca)

### **2:00 pm to 5:00 pm – Mountain West Promotions Fitting Session**

As previously communicated, we are very happy to be working with Mountain West Promotions this year for our Association Apparel. Please drop by during this time to try on any hoodies, jackets, pants etc that you may be looking to purchase this year. The CMHA Apparel store is open year-round here:

<https://rockymountainaahockey.itemorder.com/shop/home/>

### **2:45 pm to 3:30 pm – Clock/Board Setup Tutorial**

We are offering a tutorial for all Pre-Hockey and U7 families, as well as any other members that would like a refresher, on how to work the clock and set up the boards on ice. This is a great opportunity to get your feet wet before the first game of the year hits! Meet in the penalty box!

### **3:45 pm to 5:15 pm – U9 Evaluation Game 2**

### **5:30 pm to 7:30 pm – U11 Evaluation Game 2**

## **Sunday September 21<sup>st</sup> 2025**

### **9:30 am to 10:30 am – Pre-Hockey Practice**

We have had an extraordinary response to our Pre-Hockey program with nearly 20 skaters!! We are very excited with these numbers but will certainly need assistance. Parents, if you are interested in helping on the ice this year, please note that we need to have you signed up in advance. Please contact Coaching Coordinator, Tyler Rasmussen to ensure you get your qualifications:  
[coachcoordinator@carstairsminorhockey.ca](mailto:coachcoordinator@carstairsminorhockey.ca)

This is a chaotic ice session as many kids are stepping on the ice for the first time. Just trust the process, it gets better. We do ask that you try to let the on-ice folks deal with the player as much as possible, but remain in the stands so you can come down to the bench to assist if the player is needing. Please note that we can't have uncarded folks on the ice for this session, that includes parents walking around in shoes on the ice!

# Carstairs Minor Hockey Association

**Box 773 Carstairs Alberta  
T0M 0N0**



In advance, I encourage you to make sure that your players have all of the gear they need. This is a handy video if you need help sizing the equipment to your player:

<https://www.youtube.com/watch?v=VtzUxPebp2k>

10:30 am to 11:30 am – **U7 Practice**

11:45 am to 1:15 pm – **U9 Evaluation Game 3**

1:30 pm to 3:30 pm – **U11 Evaluation Game 3**

It is certainly a busy week for the Association that will kick start us right into our regular ice programming starting the week of September 22<sup>nd</sup> 2025. I appreciate all of my Board Members that are working countless hours around the clock right now to make our 2025/26 season the best one yet.

Reminder that you can always find all our updates and other useful information on our website at [www.carstairsminorhockey.ca](http://www.carstairsminorhockey.ca)

As always, if you have any questions on the above, please reach out to myself or a board member that will be happy to assist. We will continue to update you as more information becomes available.



Christofer Atchison  
President

[president@carstairsminorhockey.ca](mailto:president@carstairsminorhockey.ca)

587-436-4136